

OLD BEN

OLLIE - DRUMS & PERCUSSION BIRDY - GUITARS, VOCALS & KEYBOARDS LIAM - BASS GUITARS



OLD BEN "THE DARKEST ROOM"

ALL SONGS WRITTEN BY OLD BEN (C) 2023 (EXCEPT "PARANOIA" WRITTEN BY OLD BEN, ALLY DICKATY & DANNY DOLAN & "THE STORY OF THIS MAN" WRITTEN BY OLD BEN & RICH HOUSE)

PRODUCED & MASTERED BY MARK WAINWRIGHT & OLD BEN AT ALIEN SOUND RECORDING STUDIO, LATHOM

ALL LYRICS WRITTEN BY BIRDY ALL ALBUM ARTWORK PRODUCED BY OLLIE

SPECIAL THANKS TO MARK WAINWRIGHT THANK YOU TO PHILIP HEATHCOTE & CRAIG EDMONDSON FOR ADDITIONAL PHOTOGRAPHY

(C) 2023 OLD BEN. THE COPYRIGHT IN THIS SOUND RECORDING & ARTWORK IS OWNED BY OLD BEN. ALL RIGHTS RESERVED.

INSIDE OUT

HERE WE ARE
TOUCHDOWN ON PLANET EARTH
WHERE SENTI-MENTAL MINDS
KEEP RUNNING US THROUGH THE DIRT

'CAUSE WE'RE OUTSIDE IN
AND WE'RE INSIDE OUT
THIS WORLD KEEPS SPINNING ROUND
DON'T LET THE MONEY BRING YOU DOWN





TWO BLUE EYES

TWO BLUE EYES OPENED AND CLOSED BY PAIN 'CAUSE INSIDE YOU'VE FALLEN DOWN TO THE BOTTOM WHERE NOBODY'S CALLING YOUR NAME

CHANGING PATHS A JOURNEY HAS COME TO AN END I HOPE YOUR DREAMS AREN'T FORGOTTEN AND YOU CAN MOVE ON TO NEW LIFE NEW ERAS NEW FRIENDS

NOW THE SKIES ARE FALLING
DARKNESS CALLING
MAN I'LL PRAY FOR YOU
DEAR SISTER FATE WILL BLOW AWAY
LEAVING ONLY SOMETHING NEW
LORD GIVE ME TRUTH

GIVE ME SOME TRUTH

NOW MY SHIP HAS SET SAIL INTO NEW WATERS AGAIN AN OLD LIFE FLASHES BEFORE ME WAVES PASS UPON ME OVER MY POOR BEATEN HEAD

> AND THE SKIES ARE FALLING DARKNESS CALLING MAN I'LL PRAY FOR YOU (YES I WILL) DEAR SISTER FATE WILL BLOW AWAY LEAVING ONLY SOMETHING NEW

> > BECAUSE I'M ALL BY MYSELF IT'S TOO MUCH TO LOVE TOO MUCH TO LOVE TOO MUCH TO LOVE

LEAVES START FALLING AND THEY ALL CIRCLE AROUND ME

I HAD A REASON TO LIVE ALL THIS LIFE THAT I'VE LIVED ALL THE NUMBERS I'VE KNOWN ALL THE STARS OF THEIR SHOW ALL THE TIME THAT IT TAKES ALL THE LOVE THAT WE MAKE ALL THE LOVE THAT WE HATE

I'M ALL BY MYSELF IT'S TOO MUCH TO LOVE

GIVE ME THE LOVE

IT'S TOO MUCH TO LOVE YEAH TOO MUCH TO LOVE

GIVE ME THE LOVE OF AN ANGEL GIVE ME THE STRENGTH OF A GOD I'LL BE NO STRANGER TO LOVE IT IS MY RULE

> GIVE ME THE LOVE OH HELP ME YEAH

> > HELP ME YEAH

HELP ME





THE RIVER

HERE I STAND ALL ALONE BY THE RIVER
I CAST MY LINE AWAY
I FEEL THE PULL ON MY STRINGS OF A DARKNESS
BUT NOTHING'S IN MY WAY
I SEE YOUR FACE IN THE NIGHT
INSIDE MY SOUL SHUT OUT THE LIGHT
OH THIS LIFE CLOSED THE DOOR
MY GOD WHAT AM I ANYMORE?

AND THE RIVER
CRIES IN MY EYES ONCE AGAIN
ALL THAT I AM IS WITH YOU
TINY FIRES WON'T LIGHT
THE DARKEST ROOM
AND I DON'T KNOW
HOW TO FIX THIS BROKEN HEART

HOW TO FIX THIS BROKEN HEART MY HEART

I TRIED TO STRAY FROM THE LIES BUT THIS BOY CRIED WOLF TOO MANY TIMES TO FEEL HIS SOUL SUICIDE MY GOD I WISH I FELT YOUR LIGHT

AND THE RIVER
CRIES IN MY EYES ONCE AGAIN
ALL THAT I AM IS WITH YOU
TINY FIRES WON'T LIGHT
THE DARKEST ROOM
AND I DON'T KNOW
HOW TO FIX THIS BROKEN HEART

FIX A BROKEN HEART

I CAN'T FIX A BROKEN HEART

A SYSTEM OF CHANGE
ALL THE LOVE ALL THE PAIN
MY WISHES BURNED AWAY BY THE FLAMES
ALL MY UP'S ALL MY DOWN'S
MY LONELINESS AND DOUBT RISE AGAIN
FEEL THE PAIN
DO YOU FEEL THE PAIN?

YOU BROKE MY HEART I CAN'T FIX A BROKEN HEART

PARANOIA

I'M GONNA GET HIGH ON THIS PARANOIA YOU'RE A SUPERFICIAL LIAR I DON'T WANT TO KNOW YOU

RUNNING IN THE DARK OVER AND OVER YOU LISTEN TO YOUR HEART TO YOUR SON AND DAUGHTER

AND I WON'T TAKE ALL THE BLAME AGAIN YOUR ILLUSIONS DRIVE ME INSANE

OUT OF YOUR MIND IN THE MIDDLE OF THE NIGHT THE SAME OLD NAME YOU CALL IT OUT AGAIN YOU ONLY WANTED THE FAME BUT THAT'S NOT THAT GAME I'M GONNA CATCH THAT TRAIN AND RIDE IT THROUGH THE RAIN

A HEART IN THE DARK FIRES ALL THE SPARKS
A BEAT WON'T HATE OF SELF MEDICATE
YOU CAN'T CHANGE YOUR NAME TO TAKE AWAY THE PAIN
SO WRITE IT ON THE PAGE
CAN YOU FEEL THE RAIN?

AND I WON'T TAKE ALL THE BLAME AGAIN YOUR ILLUSIONS DRIVE ME INSANE

I'M GONNA GET HIGH ON THIS PARANOIA I'M GONNA GET HIGH ON THIS PARANOIA

I SEE A SOUL SO COLD IN YOUR EYES YOUR TRIED SOMETIMES BUT EVEN FLOWERS THEY HAVE TO DIE

THEY HAVE TO DIE

WHEN I'M PARANOID

I'M GONNA GET HIGH ON THIS PARANOIA

WHEN I'M PARANOID WHEN I'M PARANOID AND I'M PARANOID





THE INTERLUDE (OUTSIDE IN)

'CAUSE WE'RE OUTSIDE IN AND WE'RE INSIDE OUT THIS WORLD KEEPS SPINNING ROUND DON'T LET THE MONEY BRING YOU DOWN

> ALL WE DO IS RUN WE RUN WE RUN FROM A LIE

NIGHT IS DAY AND DAY IS NIGHT

QUEEN OF HEARTS

TAKE HER HAND AND PLAY
TAKE HER HAND AND PLAY
'CAUSE THERE'S NO OTHER WAY

YOU MAY SEE HER CARD HER CARD IS THE QUEEN OF HEARTS

JUST FOR A DAY
ALLOW THE LONELINESS TO BREAK
JUST FOR DAY
ALLOW THE LONELINESS TO BREAK

AND IN THIS WORLD OF LIGHT OF OUR SELF SACRIFICE WHO IS WRONG OR RIGHT?

> DO YOU LOVE, LOVE? DO YOU FIRE MY SOUL?

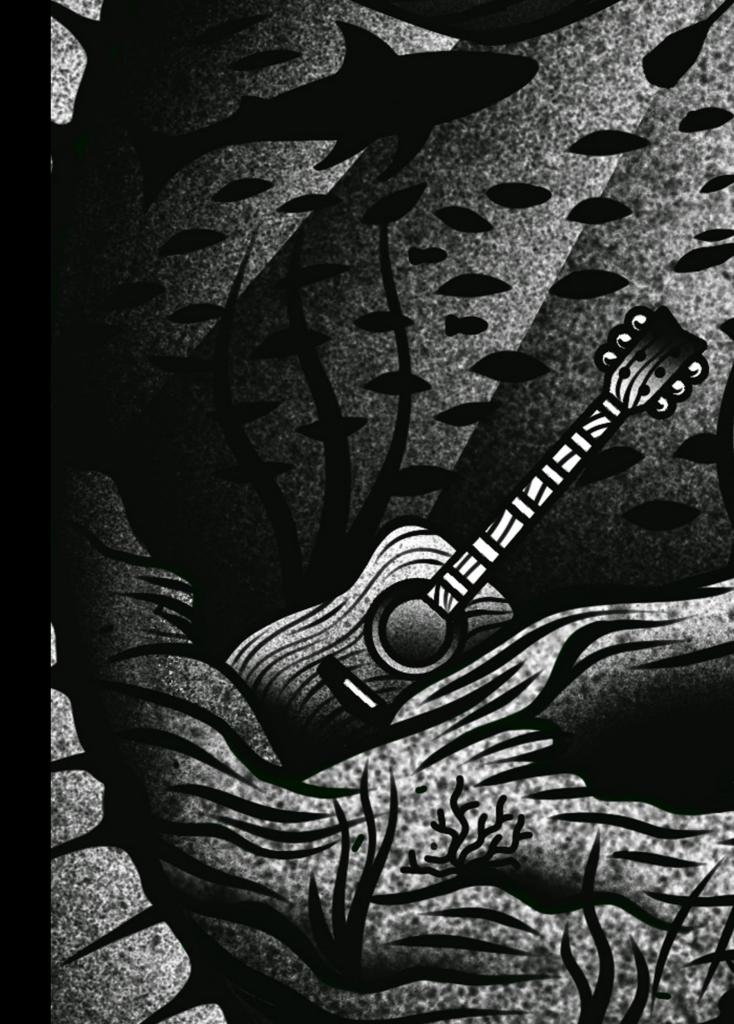
DEAR LIGHT DO YOU LIE
WHEN THE WORLD STARTS TUMBLING DOWN?
DO YOU RACE AGAINST THE GRACE
WHEN THE SYSTEM IS BURNING YOUR SOUND?
DO YOU LAUGH DO YOU CRY
WHEN THE WORLD STARTS TUMBLING DOWN?
DO YOU FEEL YOUR SOLID GROUND?
I FEEL IT NOW

FEEL IT NOW
WHEN I'M LOST AND FOUND
YOU FOUND ME THERE

JUST FOR A DAY
ALLOW THE LONELINESS TO BREAK
JUST FOR A DAY
ALLOW THE LONELINESS TO BREAK

JUST FOR A DAY

ALLOW THE LONELINESS TO BREAK





WE ARE SERVANTS

WE ARE THE SERVANTS OF THE SON WE ARE THE SERVANTS OF THE SON WE SERVE ALL PEOPLE NOT THE ONE WE ARE THE CHILDREN BORN FOR LOVE

I GIVE YOU MY HEART CAN YOU FEEL MY LOVE?

WE ARE THE SERVANTS OF THE SON WE ARE THE SERVANTS OF THE SON OUR MESSAGE HERE HAS JUST BEGUN WE SERVE THE PEOPLE NOT THE ONE

I GIVE YOU MY LOVE CAN YOU FEEL MY LOVE?

I GIVE YOU MY LOVE CAN YOU FEEL MY LOVE?

CAN YOU FEEL MY LOVE?

RUNAWAY

I JUST DON'T UNDERSTAND WHAT WE'RE PLAYING A GAME WITH BROKEN HANDS WHAT ARE WE MAKING?

I JUST DON'T SEE A CHANGE WHAT ARE WE LIVING FOR? WHEN WE HURT AND MAIM I NEED TO RUN AWAY

RUNAWAY BABY

DO YOU SEE A SOUL WHO CAN GIVE ALL? TO GIVE A MAN A HOME GIVE HIM HOPE

> I JUST DON'T UNDERSTAND WHAT ARE WE LIVING FOR? IN THE SICKENED SAND I NEED TO RUN AWAY

> > **RUNAWAY**

I NEED TO WAKE I NEED TO BREAK AWAY

I'M OUT OF MY HEAD LOSING MYSELF WHEN I'M STONE COLD SOBER I LOSE ALL OF YOU LOSING MY FAITH WHEN IT COMES MY WAY

OUT OF MY HEAD
I LOSE MYSELF WHEN I'M STONE COLD SOBER
AND I'M OUT ON THE EDGE
LOSING MY GRIP
ON MY WAY

I FALL AWAY

I NEED TO RUN AWAY RUNAWAY

I NEED TO BREAK I NEED TO WAKE I NEED TO PRAY I NEED TO WAKE

AWAKE





MY SUICIDE

ALL THESE WORDS ON ONE PAGE BUT I COULDN'T FIND ANOTHER WAY I DON'T WANNA SLEEP ALONE AT NIGHT AND I DON'T WANNA FEEL LEFT BEHIND I'M A WALKING GHOST WHO'S PAST HIS TIME

THIS IS MY SUICIDE
I CAN'T FIND ANYONE TO REPLACE YOU
AND IT'S NO, NO SURPRISE
THAT MY EYES CAN'T STOP THESE TEARS I CRY
LYING BY YOUR SIDE

YOU'RE A STRANGER ON THE OUTSIDE AND I DON'T KNOW HOW YOU LIED YOU LIED YOU LIED TO MY EYES

AND IT'S A LONG, LONG, LONELY LONG, LONG WAY TO GO CAN SOMEONE SAVE ME? SOMEONE SAVE MY SOUL

HEAR MY SOUL

IF I HELD OUT MY HAND WOULD YOU HOLD IT WITH YOU? TO LEAD US OUT OF THE DARK TO THE LIGHT OF THE TRUTH IF A HEART BEATS ALONE WHAT CAN YOU REALLY DO? YOU KNOW GOD ONLY KNOWS WHAT MAKES YOU YOU MAKES YOU YOU

THIS IS MY SUICIDE
I CAN'T FIND ANYONE TO REPLACE YOU
AND IT'S NO, NO SURPRISE
THAT MY EYES CAN'T STOP THESE TEARS I CRY

IN MY SUICIDE
I WON'T FIND ANYONE JUST LIKE YOU
AND I'M NOT, I'M NOT ALIVE
I CAN'T LIVE ON MY OWN WITHOUT YOU
WITHOUT YOU

SOMEONE SAVE ME SOMEONE SAVE MY SOUL SAVE MY SOUL

THE STORY OF THIS MAN

TIME WAITS ALONE
FOR THE STORY OF THIS MAN
WHEN HE CRIED
FOR HER LOVE
SHE LEFT HIM
IN THE FIRE

SHE LEFT HIM IN THE FIRE

IN THE FIRE
HE STANDS ALONE
WHERE THE STORY TAKES A TURN
SO HE RUNS
HE RUNS
HE RUNS TO HER
SO NO ONE CAN DENY YOU

NO ONE (HOLD ON)

SO TIME WAITS ALONE FOR THE STORY OF THIS MAN WHEN HE CRIED FOR HER LOVE SHE LEFT HIM IN THE FIRE

> LEFT HIM IN THE FIRE SHE LEFT HIM IN THE FIRE

SO YOU RUN FOR YOUR LIFE RUNNING FOR YOUR LIFE

YOU RUN





ANGELS AND DEMONS

HERE WE ARE
TOUCHDOWN ON PLANET EARTH
WHERE SENTI-MENTAL MINDS
KEEP RUNNING US THROUGH THE DIRT

'CAUSE WE'RE OUTSIDE IN AND WE'RE INSIDE OUT THIS WORLD KEEPS SPINNING ROUND DON'T LET THE MONEY BRING YOU DOWN

ALL WE DO IS RUN
WE RUN
WE RUN FROM A LIE
WHRE NIGHT IS DAY AND DAY IS NIGHT

FALL BACK IN
TO A WORLD THAT DRAGS YOU DOWN
WHERE HAPPINESS AND LONELINESS
SHED THE TEAR ON THE FACE OF A CLOWN

'CAUSE WE'RE OUTSIDE IN
AND WE'RE INSIDE OUT
AND WE'RE INSIDE OUT
THIS WORLD KEEPS SPINNING ROUND
DON'T LET THE MONEY BRING YOU DOWN

WE TURN AROUND INSIDE WE RUN AND HIDE FROM A LIE

OPEN YOUR EYES

HOW CAN WE EVER SURVIVE WITH OUR ANGELS AND DEMONS INSIDE CAST OUT THE DEVIL AND GROW WINGS LIKE AN ANGEL AND FLY

CAST OUT THE DEVIL GROW WINGS LIKE AN ANGEL

WE RUN AND HIDE FROM A LIE

OPEN YOUR EYES



TO ALL OUR FAMILIES, FRIENDS & FANS THANK YOU ALL FOR YOUR SUPPORT WE ARE ETERNALLY GRATEFUL



INSIDE OUT
TWO BLUE EYES
GIVE ME THE LOVE
THE RIVER
PARANOIA
THE INTERLUDE (OUTSIDE IN)
QUEEN OF HEARTS
WE ARE SERVANTS
RUNAWAY
MY SUICIDE
THE STORY OF THIS MAN
ANGELS AND DEMONS

(C) 2023 OLD BEN. THE COPYRIGHT IN THIS SOUND RECORDING AND ARTWORK IS OWNED BY OLD BEN. ALL RIGHTS RESERVED. www.oldben.co.uk